

Autism In Teenagers

Parent and carer programme with Specialist Teachers and Educational Psychologists

These sessions will be delivered via Microsoft Teams, an invite will be sent to your email address. You do not have to attend all of the workshops – once the invites are sent out just choose which sessions you would like to attend.

To book your place email us on SENDSupport@milton-keynes.gov.uk stating that you would like to attend Autism in Teens Parent programme

Thursday 5th January 2023 17:00 – 18:00 Understanding Autism in Teenagers

- Understanding how Autism may look in teenagers – a difference not a deficit
- The positives of Autism and using these to support your child
- How Autism may present itself differently in girls.

Thursday 12th January 2023 17:00 – 18:00 Transitions and Autistic Teenagers

- Preparing for change
- Preparing for a new school/college
- Supporting your Teen when they start at new school/college.

Thursday 19th January 2023 17:00 – 18:00 Relationships and Autistic Teenagers

- Family and Friends
- Understanding Social Rules
- Keeping Safe

Thursday 26th January 2023 17:00 – 18:00: Independence and Autistic Teenagers

- School/work
- Life Skills
- Self-Care

Thursday 2nd February 2023 17:00 – 18:00: Puberty and Autistic Teenagers

- Puberty
- Key skills to develop during puberty
- Sexuality

Thursday 9th February 2023 17:00 – 18:00: In person get together

- An opportunity to ask Specialist Teacher questions and meet other parents of teens with Autism
- To be held at The Rowans Family Centre, 13a Moorfoot, Fuller Slade, Milton Keynes. MK11 2BD.